BATH TRAIL RUN
5K RUN/WALK
and Kids 800m
SUNDAY AUGUST 2nd, 2009 9:00 AM

Location: Bath High School, 6175 East Clark Road in Bath. Park at the High School Gym

Course: The race will follow the scenic and challenging cross country course of the Bath Community Schools and finish on the High School track. ***Short Spikes Only Please***

Awards: Medals to the top 3 places in each age group. Trophies to Overall and Master Winners

Age Groups: 14 and under,15 -19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65 and over

Entry Fee: $15 per person to register before 7/24/2009, $20 7/25 till Race (no shirt guarantee) **Kid's Run:** 800 meter fun run for kids 12 & under following 5K $10 includes shirt & medal

Registration: In person at PLAYMAKERS or mail to: Bath Running and Fitness Club, 12790 Upton Road, Bath, MI 48808 Make Check payable to Bath Athletic Boosters

Packet Pickup: Playmakers August 1, 3pm-5pm or BHS Track 8am on Race Day

For more information call Rick at (517) 641-6947 or email: runbathrun@hotmail.com or visit www.bathboosters.org or www.playmakers.com

Proceeds benefit Bath Community youth running and fitness programs.

Name_____ Phone_____

Address _____ City _____

State _____ Zip _____Age on Race Day ____Email_____

Male____ Female____ Entering: 5K___ Kids 800m___

Shirt Size S ___ M ___ L ___ XL ___ Youth S___M___L___

Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against the Bath Community Schools and all sponsors and race management organizations, for injuries suffered by me in this event.
I attest that I have trained sufficiently to participate in this event and I am physically fit.

_____Date_____

Participants Signature Parent Signature if under 18